Thomas Beuchot

+33 6 80 21 50 53   thomas.beuchot.pro@gmail.com   www.thomasbeuchot.com

Education

Ecole normale supérieure-PSL
Ph.D. in cognitive science
- **Thesis subject:** "The cognitive science of giving and its applications to policy making"
- **Advisor:** Coralie Chevallier

2024-…
Paris, France

Ecole normale supérieure-PSL
ENS Diploma (DENS) in cognitive science (Cogmaster, social sciences major), analytic philosophy minor
- **Visiting:** Wellbeing Research Center, Oxford University, England (2023)
  - "How comparable is life satisfaction data from different surveys? The survey fingerprint problem and a solution", with A. Prati
- **Fellowship:** Happier Lives Institute, Remote (2022)
- **Internships:** Institut Jean Nicod, ENS-PSL, Paris (2021-2024)
  - "Early life unpredictability and attitudes towards risk and ambiguity: a wheel of fortune task", with C. Chevallier & D. Nettle (2023-2024)
  - "Is there a deprivation threshold? A longitudinal analysis", with D. Nettle (2022-2023)
  - "Variations in human personality with resource availability: a meta-analytic review", with M. Boon-Falleur & N. Baumard (2022)
  - "Beyond genres: what attracts us in a movie plot", with V. Thouzeau & N. Baumard (2021-2022)

2021-2024
Paris, France

HEC Paris
Master in Management (Programme Grande Ecole)
- **Award:** Accessit for a dissertation on meaning and leadership
- **BCG consulting academy:** Analyst for COM'IN

2019-2024
Paris, France

IPESUP
Intensive economic preparatory class (ECE)

2017-2019
Paris, France

Publications

The Cognitive Foundations of Fictional Stories (pre-print)
*Dubourg, E., Thouzeau, V., **Beuchot, T.**, […], Baumard, N. (2024), under review*

Work in progress

The psychology of poverty: A blind spot for behavioural public policies
***Beuchot, T.**, Nettle, D., Chevallier, C., in review*

Variations in human personality with resource availability: a meta-analytic review
***Beuchot, T.**, Portier, A., Boon-Falleur, M., Baumard, N., Chevallier, C, in prep*

How comparable is life satisfaction data from different surveys? The survey fingerprint problem and a solution
***Beuchot, T.**, Prati, A., in prep*

Early life unpredictability and attitudes towards risk and ambiguity: a wheel of fortune task
***Beuchot, T.**, Ciranka, S., Chevallier, C., Nettle, D., in prep*

Conference talks

2024 – French network for the Evolutionary Study of Humans, Lausanne
"Why does personality exist? The self-plasticity theory" (long talk)

2024 – Human Behavior and Evolution Society, Aarhus
"Variations in human personality with resource availability: a meta-analytic review" (blitz talk)

Teaching

Causal statistics for Treatment Models, Graduate, Teaching Assistant
PSL University, taught with Marc Gurgand

2024-2025
Paris, France

- Undergraduate course for the Economics Department at ENS-PSL. The aim of this course is to train students in statistical methods for estimating causal relationships, based on experiments or quasi-experiments. Teaching load: 18 hours

Psychology and the sustainable transition, Undergraduate, Lecturer
PSL University, taught with Aurore Grandin and Mélusine Boon-Falleur

2024-2025
Paris, France

- Undergraduate course for the Sciences pour un monde durable undergraduate program at PSL University. In this course, we present and discuss works in social cognition, cognitive psychology and behavioural economics that aim at providing a better understanding of the obstacles to the shift towards a more sustainable society, and that help identify levers that have been used and tested in public policy. Teaching load: 14 hours

Mentoring in programming and statistics, Undergraduate, Lecturer
PSL University, taught with Valentin Thouzeau

2024-2025
Paris, France

- Undergraduate course for the Sciences des données, arts et cultures undergraduate program at PSL University. In this course, we help students develop practical skills in statistics and machine learning. My lectures focus on psychometrics and new methods in machine learning to assess personality. Teaching load: 3 hours

Guest lectures

2024 – Human behavior, Cultures, and Societies, ENS-PSL, Paris
"Why does personality exist? Evidence from genomics" (Guest lecture)

2022 – Education, Innovation, Society Seminar, EHESS, Paris
"Socio-emotional skills: how to measure them? How do they change with socio-economic status?" (Guest lecture)

2022 – Statistics, Sciences pour un monde durable, PSL University, Paris
"Personality 101" (Guest lecture)

Public engagement in science

Reports

The wellbeing cost-effectiveness of StrongMinds and Friendship Bench: Combining a systematic review and meta-analysis with charity-related data (link)
McGuire, J., Dupret, S., […], Michelet, J., **Beuchot, T.** *(2024), Happier Lives Institute*

Policies for wellbeing: A brief scoping review (link)
Beuchot, T. *(2022), Happier Lives Institute*

General audience talks

2024 – Automnales de l'altruisme efficace, Châtenay-sur-Seine
"Cultural change and effective altruism"

2024 – Automnales de l'altruisme efficace, Châtenay-sur-Seine
"10 common misconceptions about mental health"

2024 – Forum des métiers, Sciences Po Paris, Paris
"Fulfillment and Impact: How to build a career that suits you?"

2023 – Automnales de l'altruisme efficace, Mandres-les-Roses
"Personality and effective altruism"

2023 – Nuit Européenne Des Chercheurs, Brest
"Interactive experience and game on psychological consequences of inequalities"

Non-academic experience

Self-employed, Cognitive science consultant
Cognitive science consultant for Noèse and Maki People
   • **Career guidance:** Creation of psychometric tests based on the theoretical models of the Big Five, RIASEC, Schwartz' values, PERMA, and CHC model of intelligence
   • **Hiring:** Validation of psychometric tests (Big Five, cognitive abilities)
	2022-now
	Paris, France

DeepSelf, Co-founder (student-entrepreneur)
Cofounder of a platform using AI and psychometric tests to increase engagement at work
   • AI For Tomorrow contest 2020 (finalist)
   • IMT Starter contest 2020 (finalist)
	2020-2022
	Paris, France

JobTeaser, User researcher *Creation of career guidance tools and definition of the user research methodology*	2021 *Paris, France*
Rising Up, R&D assistant & Marketing and partnership assistant *Design of training content on soft skills, development and implementation of the communication and partnership strategy*	2020 *Paris, France*

Service

ENS-PSL, Lab meeting organiser *Organisation of the weekly lab meetings for the Evolution and Social Cognition lab*	2024-2025 *Paris, France*
Cognitations Podcast, Host *"EP #2	Cognitive Approaches to Studying Culture	Olivier Morin", "BONUS EP	Meet the Hosts & Season 2 Announcements"*	2023-now

Effective Altruism France, President
Project management, hiring and strategic support for a non-profit on positive impact
   • Board member since 2023
   • Volunteer since 2019
	2019-now
	Paris, France

Effective Altruism ENS-PSL, Co-founder *Running of a student group with conferences on the best ways to have a positive impact*	2021-2022 *Paris, France*
Psych'HEC, Co-founder and Vice-President *Running of a student group that offers psychological support for students*	2019-2020 *Paris, France*